



Message from the Isle

Midwestern Latitudes • Caribbean Attitudes

www.isleofiowa.com

February
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Issue 2

News about the Isle

- ❖ From the Editor
- ❖ February Monthly Meeting
- ❖ Parrot Head Happenings
- ❖ Buffett Trivia
- ❖ Dis & Dat
- ❖ Information on the Phlock
- ❖ History of Our Club
- ❖ Phlock Calendar

Mark's Musings

Mark Hennessey — President

New Year's Resolutions. Many of us make them and most people don't keep them past March. Just check out how busy the fitness centers are now, but wait a couple of months and less than half the people will still be there. If you made a resolution this year, I hope you stick with it. If you didn't make a resolution or would like an easy one, I would ask that you resolve to get involved with the club in 2009.

We have a lot of upcoming events that need help from all of our members to be successful. There is the Chili Challenge on February 22nd, the Youngers' Community Day on Feb. 28th, and the Island Fever Phlocking on April 25th; not to mention the club elections, club birthday party and the spring highway clean-up.

You can volunteer for a couple of hours at an event or help sell tickets to the Chili Challenge or Phlocking, or really step up and run for a board position. One of the many great things about our club is that you can choose which events and/or charities to get involved with, but the key is to get involved.

We also need your involvement at the monthly meetings and One Particular Harbor. Your input and turnout help us decide where to go and the raffles assist local charities.

So when you look in the mirror in the morning thinking about your resolutions, remember that you resolved to get involved in 2009.

.....
Quarterly Charity
January, February &
March

American Heart Society
.....

For more pictures
and information
about the club,
visit the club website at:
www.isleofiowa.com

From the Editor

Newsletter Committee:

Editor:

Charlotte Bonar

Assistant Editors:

Linda Davenport

Sandra Kramer

Sandy Young

Photographer:

Dave Metz

Contribute to the *Message From the Isle*

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Charlotte Bonar, at cbonar@russellsprinting.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. *Message From the Isle* is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the *Message From the Isle* are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

For more information on our international organization of Parrot Head clubs, please go to the Parrot Heads in Paradise, Inc. (PHiP) Web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head clubs across the country and internationally.

Life in the 1500's

Author unknown

Most people got married in June because they took their yearly bath in May and still smelled pretty good by June. However, brides carried a bouquet of flowers to hide any body odor, just in case. Baths equaled a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all were the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water." To be continued...

Information on the Phlock

9th Annual “Blues & Buffett” Chili Challenge

Steve Petersen

Fast Facts

- **When:** February 22, 2009
- **Where:** Longbranch, 90 Twixt Town Rd. NE, CR
- **Time:** 2-5 p.m.

The 9th annual Blues ‘n’ Buffett Chili Challenge is scheduled for Sunday, February 22, 2009, at the Longbranch Hotel and Convention Center. This Challenge is a friendly competition between The Isle of Iowa Parrot Head Club (IIPHC) and the Linn County Blues Society (LCBS) to raise money for The Boys and Girls Club of Cedar Rapids and the H. D. Youth Center. Members of each club challenge one another with their finest chili recipes and colorful decorations, patrons and celebrity judges vote for their favorites, plus attendees have the opportunity to bid on great items at the silent auction.



- There are still openings for challengers to cook. Please contact Steve Springer at 319-395-9516.
- Volunteers are also needed to help work the event. Please contact Kate Sanders at 319-842-2393.
- Contributions for the silent auction are also welcomed. Please contact Kate.

There will also be sign-up sheets at One Particular Harbor at City Beat on February 4. The event committee would like to have challengers, volunteers and silent auction items finalized by February 15, so give us a call or come to One Particular Harbor to sign-up.

The event Committee has been hard at work planning for a successful and fun day. Now it's time for club members to step up to the plate and help make this another record year.

- ◆ Flyers are ready and in the process of being distributed. A copy can be downloaded on the club's website, or contact any committee member for copies.
- ◆ Advance tickets are on sale for \$6 until February 20 from committee members. The cost will be \$7 on the day of the event. If you'd like a few to sell, contact a committee member. Please remember volunteers will need to purchase a ticket for the event as well.
- ◆ A new floor plan design will allow challengers a little more room and comfort for their set up and, of course, ample electricity. We also expect the new layout to provide more room for the guests to roam and taste chili.
- ◆ An outstanding array of items are being secured for the silent auction including an overnight hotel stay, a certificate for four tickets to a Kansas Royals baseball game, a keg party, numerous signed Hawkeye memorabilia and an autographed football from the NFL's Green Bay Packers.
- ◆ Watch and listen to local television, radio and publications for coverage of the Blues ‘n’ Buffett Chili Challenge. Schedules will be published to the Listserv when finalized.

The Chili Challenge has proven to be a great way for members of the two clubs to get acquainted, have some fun, and raise money for the Cedar Rapids community while doing it.

In all, over \$25,000.00 has been raised and donated by IIPHC and LCBS in the eight years of the Chili Challenge's existence.

Please contact any of the event Committee members with questions:

Steve Petersen 395-9520 ◆ Kate Sanders 842-2393 ◆ Steve Springer 395-9516
Keith Wright 573-5153 ◆ Andy Dergo 393-2859

Information on the Phlock

Younkers' Community Day

Mark Hennessey

Mark your calendars and get ready to shop February 28, 2009 at Younkers, Lindale. Community Day is a fundraising event for all 501c3 nonprofit and school organizations. The event is designed to provide local nonprofit organizations with a fun and easy way to raise money for their organization. Since 1999 the event has raised over \$53 million!

Participating organizations sell coupon booklets to the public for \$5 each, keeping 100% of the proceeds! Each booklet contains coupons valid during Younkers' Community Day One Day Sale on February 28. With each \$5 coupon booklet purchase, customers receive: One \$10 coupon, good toward any item of \$10 or more (exclusions apply) along with eight additional coupons, each good for up to 20% off one item (exclusions apply)-in addition to Younkers special One Day Sale prices.

What does the club need from you? We need you to sell booklets on your own and in stores before and during the event. Please contact Mark Hennessey at mhennessey@fmtcs.com if you would like to help.

This is one of the EASIEST ways for our club to make money and gives you something in return.

Island Beach Bash

Fast Facts

- **Who:** Northern Illinois Parrot Head Club
- **What:** Annual Phlocking
- **When:** February 28, 2009, 6 p.m. - Midnight
- **Where:** Giovanni's Convention Center, Rockford, IL

The Northern Illinois Parrot Head Club is holding their annual Phlocking benefiting the Northwestern chapter of the Special Olympics on February 28, 2009 with the band, Pirates Over 40.

For further information, please go to their Web site at www.niphc.com.

This Hotel Room

Fast Facts

- **Who:** St. MinneSomePlace Parrot Head
- **What:** Annual Phlocking
- **When:** March 21, 2009
- **Where:** Canterbury Inn, Shakopee, MN

St. MinneSomePlace Parrot Head Club in Paradise is holding their annual Phlocking on March 21, 2009 with music by Jambo JoeBones, Jim Hoehn from Milwaukee, and Too Drunk to Fish from Sioux Falls, SD.

For further information, please go to their Web site at www.st-minnesomeplace.com.

One City "Heart" Beat

Sandy Young

Fast Facts

- **What:** One Particular Harbor
- **Where:** City Beat, 304 Third Ave. SW, CR
- **When:** February 4, 2009
- **Time:** 5:30 p.m. - 10 p.m.

Our One Particular Harbor is just one City "Heart" Beat away on February 4! Yes, City Beat is now open and ready for our business. Come out to support and celebrate a newly reopened business that was flooded out last summer. Their kitchen is open and ready to go. Do they still have those delicious steak sandwiches, tenderloins, and hamburgers on their new menu? Let's find out!

The One Particular Harbors are strictly social get-togethers where Parrot Heads can visit and relax in a casual atmosphere. If you haven't been to our One Particular Harbors yet, please come whenever you can get there and see what they're all about.

As always, the board welcomes any ideas you may have for a location for the One Particular Harbors. Please contact a board member with your suggestions. Just remember it has to be a place that will hold between 20-30 people and have food available as well as drinks.

Information on the Phlock

Island Fever Phlocking Party!

Mark Hennessey

Fast Facts

- **When:** April 25, 2009
- **Where:** Longbranch Hotel, 90 Twixt Town Rd., NE, CR
- **Time:** Pre-Phlocking 3-6 p.m. pool area - FREE
Phlocking doors open 7 p.m., Cedar Island Band 8-12 p.m.

With thoughts of boat drinks and tropical sounds, it is time to gear up for the annual Island Fever Phlocking on Saturday, April 25th at the Longbranch. This year's charity is Camp Courageous, a year round recreational respite care facility for disabled youth and adults. For further information on Camp Courageous, please check out their Web site at www.campcourageous.org.

The Phlocking is our primary fundraiser for the year, and thanks to the Cedar Island Band we plan on having another great event. Last year was record setting and we want to continue the trend.

We need volunteers to help take tickets, decorate, and assist in the equally important Pre-Phlocking party. At the Pre-Party, you'll have the chance to meet members from other clubs, play games, enjoy Jell-O shots and have a fantastic potluck provided by you, our members. More details to follow, such as ticket prices and the Silent Auction at the Phlocking.



It is because of everyone's help that we can sponsor events such as this, so please help us out. If you've been to the Quad City Phlocking, it is a HUGE success because EVERY member of the club volunteers and we really need that level of commitment from you.

There will be sign up sheets for the Pre-Phlocking and Phlocking committees along with Silent Auction and Clean-Up at the February meeting, or you can e-mail me at mhennessy@fmtcs.com.

Information on the Phlock

IIPHC Board Elections

Sandy Young

“The most meaningful thing we have in life is knowing that during the time we spent on this Earth we were able to make a difference.”

– Jeanne Phillips “Dear Abby”

If you'd like to make a difference in our club, what better way than to run for an IIPHC board position? As a board member in various positions for several years, I can attest to the fact that you **can** make a difference – sometimes in a small way yourself, and sometimes in a bigger way as part of the board.

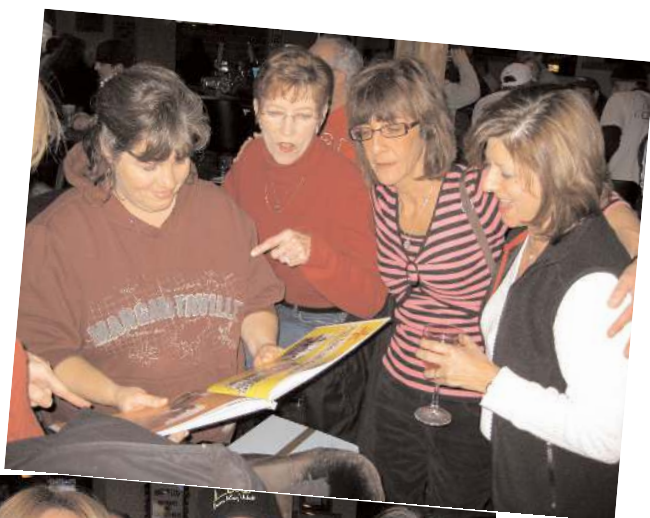
To learn more about a board position, contact any board member or come to the next board meeting on February 24. You may also visit our Web site at www.isleofiowa.com and select the About the Club link, followed by Club Policies, and then Club By-Laws for an explanation. All positions are open except the president. As our By-Laws read now, the current vice president will become the president. (However, a committee will be reviewing these By-Laws and possibly recommending changes for the next term.) Our current vice president is Mike Sion who is doing an excellent job and will have the experience to lead the new board into the new fiscal year.

All letters of intent need to be completed and submitted by March 1, 2009 to our Elections Chairperson Gary Olson at e-mail goman20@mchsi.com or by regular mail to Gary at 115 North 16th Ave., Hiawatha, IA 52233.

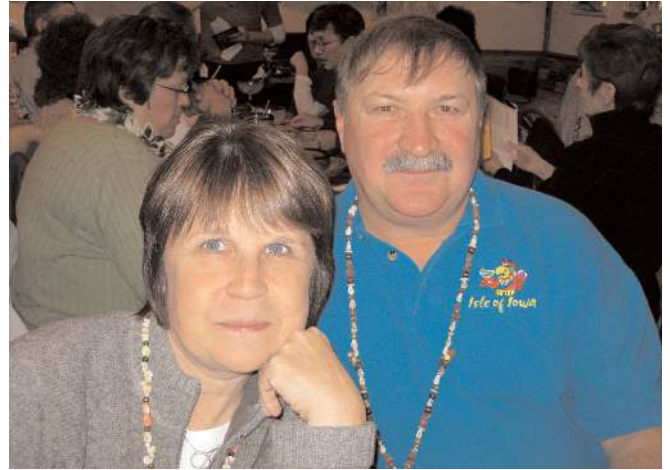
Names of members running for each office will be added to the ballot; the General Election will be held at the April monthly meeting with results announced at the May monthly meeting. Voting may be done by absentee ballot if you can't make the April meeting and must be received at least two days prior to the election. Please see the By-Laws for details.

The newly elected board will serve during IIPHC's fiscal year from June 1, 2009 through May 31, 2010.

one Particular Harbor



January Monthly Meeting



Information on the Phlock

Heart to Heart Meeting

Sandy Young

Fast Facts

- **What:** Monthly Meeting
- **When:** February 19, 2009
- **Where:** Longbranch Hotel, 90 Twixt Town Rd., NE, CR
- **Time:** 6 p.m. - 10 p.m.

Back home again at the Longbranch. It's a good place to be this winter if you have to be in Iowa - somewhere warm and inviting among good phriends. And, to entice you further, they will have drink specials: Coronas and LandSharks \$3.50, Bud Lights \$3, Margs and Captains \$4.

Our raffle charity continues to be the American Heart Association. It's a most appropriate choice for this month as we celebrate St. Valentine's Day, thus making this a heart to heart meeting. You may be familiar with the American Heart Association and the various programs they offer, but for more information please visit their Web site at www.americanheart.org.

We are also continuing to take donations for Waypoint's two shelters - Madge Phillips Center for the Homeless and the Domestic Violence Shelter. They can always use those plastic shopping bags, small food containers, and especially the non-perishable canned and boxed foodstuffs. Please go to their Web site at www.waypointservices.org for an updated list of their needs.

Keep warm by remembering our Island Fever Phlocking, April 25, is not too far away!

Phlockin' Calendar

Event	Date	Time	Place
One Particular Harbor	2/4	6 p.m. - 10 p.m.	City Beat, 304 3rd Ave. SW, CR
Valentine's Day	2/14		
Newsletter Deadline	2/15		
Monthly Meeting	2/19	6 p.m. - 10 p.m.	Longbranch Hotel 90 Twixt Town Rd. NE, CR
Chili Challenge	2/22	2 p.m. - 5 p.m.	Longbranch Hotel 90 Twixt Town Rd. NE, CR
Board Meeting	2/24	6:30 p.m.	Sandy Young's 5707 1st Ave SW, CR
Northern Illinois PHC Island Beach Bash	2/28	6 p.m. - 12 a.m.	Giovanni's Convention Ctr., Rockford, IL
One Particular Harbor	3/4	6 p.m. - 10 p.m.	TBD

History of our club

10 Years Ago

Susan Fruendt – Founder

February 1999

Planning began for the return of St. Somewhere to Third Street Live!.

All board positions were up for election and nominations were being accepted.

Condolences

Condolences

Our condolences go out to the family of Linda McCallum in the loss of her father, Dallas H. “Jack” Sigmon, 80, on January 4, 2009. Please keep Linda and her family in your thoughts and prayers.

Trivia

Boomerang Love

The answer is in the lyrics. These lyrics are written in code. Each letter is represented by a number. Decipher the code and you will discover the lyrics. Three letters are provided to get you started.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
6																		5	8						

T T ' T S A
 1 26 8 8 21 17 3 10 10 8 22 21 5 20 3 3 11 26 4 6 17 1
 19 3 12 26 7 3 11 21 17 9 14 10 3 4 6 21 4 13 3
 A T ' S T A T ' S A
 24 22 6 8 5 4 21 1 22 8 13 3 24 22 6 8 5 10 6 21 4
 A T A
 7 3 11 26 24 22 6 8 11 6 18 24 26 19 19 10 21 17 13
 A A
 6 24 6 18

Brown Eyed Girl

W D L O V E P N G D Y T I P O
 A M L L N O I B S H G S W I L
 M L L U A N S S X P Z G D H E
 E R A S N W A T E R F A L L E
 J I K U G R S H E A R T S X J
 Z G R N G Y T W R R N H T N D
 G D X L Z H H A O I X U L N W
 R E O I K O I T K B E M I N E
 M Y X T L N S N C S N P T V K
 V E Z L S I I K D D M I G W Q
 B N O A S H Q A I U K N A C U
 I W G N T H Y C J P I E M R G
 E O A E L I T K Z S P C E G N
 F R Y P Y D G S T A D I U M L
 T B G Z N M V H W X O J N G G

BROWN-EYED GIRL
 FOG
 GAME
 GRASS
 HEARTS
 HOLLOW
 JUMPIN'
 LAUGHIN'
 LOVE
 MINE
 RAINBOW'S WALL

RAINS
 RUNNIN'
 SING
 SKIPPIN'
 STADIUM
 SUNLIT LANE
 THINKIN'
 THUMPIN'
 TRANSISTOR RADIO
 TUESDAY
 WATERFALL

Created by Puzzlemaker at DiscoveryEducation.com

Answer: Getting off this boomerang love, comin' up for air. Do what's right, do what's fair. Come what may, we'll find a way.

Dis & Dat

Contact the Club Board Contacts

President – Mark Hennessey 319-365-5840, president@isleofiowa.com
Vice President – Mike Sion 319-378-3641, vicepresident@isleofiowa.com
Secretary – Charlotte Bonar 319-377-3492, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Laurie Sexton 319-651-4473, socialdirector@isleofiowa.com
Membership Director – Don Steggall 319-431-2128,
membershipdirector@isleofiowa.com
Member at Large – Karen Mahannah, 319-389-2795,
memberatlarge1@isleofiowa.com
Member at Large – Jim Roman, 319-213-0585, memberatlarge2@isleofiowa.com
Member at Large – Sandy Young, 319-396-5117, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly board meetings are scheduled for the first **Tuesday** following the monthly membership meeting, and will start at 6:30 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our Club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's board meeting, please see the Phlock calendar.
Visit us online at: www.isleofiowa.com

Join the Listserv!

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your e-mail address on the Listserv box found on the homepage. The Listserv is limited to club business and events only and is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes.

Join the Coconet!

IsleofIowaCoconet@YahooGroups.com. This is the Isle of Iowa Parrot Head Club's open communications group for non-official discussions of club members. The only limitations of this group are no profanity, no defamation of character, no indecent photos or comments, and no illegal activity. Other than that, people are free to advertise, discuss non-club events, or whatever those members wish to communicate. Please keep in mind that common sense, kindness, and courtesy shall rule.

To join the Coconet, go to <http://launch.groups.yahoo.com/group/isleofiowacoconet/> and sign up. The existing Isle of Iowa Listserv mentioned above will still be used, but limited to club business and events only please.

If you have questions about the Listserv or Coconet, contact the board President listed under Contact the Club in this newsletter.

February Birthdays

Jim Roman - 1
Cindy Gardner - 11
Jim Klinger - 11
Beth Caufield - 15
Sheila Nedved - 16
Shauna Graybill - 18
Gordy Smith - 18
Mick Snodgress - 19
Dean Brown - 22
Gary Brown - 22
Karen Mahannah - 22

March Birthdays

Jon Shramek - 3
Mark Hennessey - 6
Ro Shramek - 15
Don Steggall - 15
Kim Hamer - 15
Lani Albrecht - 16
Sandy Robe - 16
Gary Olson - 19
Patty Urban - 26

Be sure and attend
the monthly meeting in
the month of your
birthday to get your free
birthday drink!