



Message from the Isle

Midwestern Latitudes • Caribbean Attitudes

www.isleofiowa.com

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Mark's Musings

Mark Hennessey — President

I know that every month I've tried to have a theme for Mark's Musings, and this month is no different; but it does have a slight twist. This month I want to focus on the Phlocking. In March I asked the members to "Spring to Life" by volunteering for the Phlocking or running for a board position. We have a great slate of officers for 2009-2010 and I know they will do a fantastic job. At the March meeting Mike Sion also asked for people to step up and help with the Phlocking committees, and Linda Barger, Deanna Steggall and Keith Wright raised their hand. I thank them for that.

This is the 11th year our club has had a Phlocking. This was the event that brought Lori and me into the fold. It was held at 3rd Street Live! and we had a great time, met lots of people and told all of our friends about it afterwards. Fast forward about seven years and the event has just gotten bigger and better. I still love telling my friends and family about how much fun they'll have if they attend, or how much fun they missed out on afterwards.

The Phlocking is one of our biggest fundraisers. For those who are new or don't remember, last year we presented Waypoint with a check for \$6,150.00. This year the charity is Camp Courageous and I hope the check is even bigger.

If you haven't had a chance to view the video about Camp Courageous on our Web site, you really need to do so. I guarantee you'll be moved.

The Phlocking and Pre-Phlocking committees are starting to meet as I type this article, but it is never too late to help out. The event preparation starts with the Jell-O Shot making party at Sandie and Gordy Smith's. Last year Gordy and I set a new record, but I was informed at the board meeting the record will NOT be broken this year! Apparently a cooler and a half of leftover Jell-O shots is not a good thing.

The big day (April 25th) starts with decorating the Gold Zone Bar area for the Pre-Phlocking and the Longbranch Ballroom for all of our guests. This event provides an opportunity for great camaraderie and a way to show off your creative side. Then the phun begins with guests from out-of-town arriving to attend the Pre-Phlocking and partake in games such as Build a Burger, Jell-O shot Relay (that means down and back Sandie, not an actual relay race) and other great events. You'll also have plenty to eat because everyone who attends the Phlocking from our club brings a dish to share. It is always great to see our members try to one up each other with their special recipes.

The doors of the ballroom open at 7 p.m. for the Phlocking and the main event begins! The Cedar Island Band starts at 8 p.m. During the evening we'll have raffles and a silent auction. By the end of the night you'll have had a great time while raising money for a local charity.

What more could a Parrot Head want on a Saturday?!

See you there, and thanks in advance for volunteering!

.....
 Quarterly Charity
 April, May & June

Cancer Society

.....
 For more pictures
 and information
 about the club,
 visit the club website at:
www.isleofiowa.com

From the Editor

Newsletter Committee:

Editor:

Charlotte Bonar

Assistant Editors:

Linda Davenport

Sandra Kramer

Sandy Young

Photographer:

Dave Metz

Contribute to the *Message From the Isle*

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Charlotte Bonar, at cbonar@russellsprinting.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. *Message From the Isle* is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the *Message From the Isle* are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

For more information on our international organization of Parrot Head clubs, please go to the Parrot Heads in Paradise, Inc. (PHiP) Web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head clubs across the country and internationally.

Life in the 1500's

Author unknown

Most houses had dirt floors. Only the wealthy had something other than dirt; hence the saying "dirt poor." The wealthy had slate floors which would get slippery in the winter when wet, so they spread thresh on the floor to help keep their footing. As the winter wore on, they kept adding more thresh until when you opened the door it would all start slipping outside. A piece of wood was placed at the entry way – a "thresh hold."

They cooked in the kitchen in a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They mostly ate vegetables and didn't get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and they would start over the next day. Sometimes the stew had food in it that had been in there for a couple of weeks; hence the rhyme, "Peas porridge hot, peas porridge cold; peas porridge in the pot nine days old." To be continued...

11th Annual Island Fever
Phlocking to benefit
Camp
Courageous



**Saturday, April 25, 2009
Longbranch Ballroom**

90 Twixt Town Rd. NE, Cedar Rapids, IA

8pm – Midnight / Doors open at 7pm

\$10 Advance Tickets / \$12 at the Door



www.cedarislandband.com



Impressions
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For additional information contact: www.isleofiowa.com

Information on the Phlock

General Election

Gary Olson-Elections Chair

We will be holding a general election for the Isle of Iowa board at the April 16th monthly meeting at the Longbranch. It is very important you attend if you wish to vote and make your voice heard in how to keep this club vibrant and successful.

If you are unable to attend this monthly meeting and would like to request an absentee ballot, your request must be submitted to me at goman20@mchsi.com or call me at (319)294-4844.

Your absentee ballot request must be received by me by Thursday, April 2, 2009. Once you have received your absentee ballot and voted, it must then be mailed back to me postmarked by April 10, 2009, and received by me by April 14, 2009.

In addition to voting for board positions, you will be asked to vote on proposed changes to the By-Laws.

If you have any questions you may contact me or any board member.

Isle of Iowa Parrot Head Club's 12th Birthday!

Sandy Young

Fast Facts

- **What:** Club birthday party
- **Where:** Izaak Walton League, 5401 42nd St. NE, CR
- **When:** May 9, 2009
- **Time:** TBD

It's time to be filling up your calendar with more fun events for spring, summer, and fall! One fun event you won't want to miss is the Isle of Iowa Parrot Head Club's 12th birthday party on May 9 at the Izaak Walton League in Cedar Rapids. I know this article is a month early, but we want you to be sure and get the date on your calendar!

For you new members and those of us who need reminding, the Isle of Iowa was officially recognized as a club in May of 1997 with 34 members. The club was founded by Susan Freundt during a get-together at Chubby's Bar on Mt. Vernon Road.

This party to celebrate our 12th birthday will be hosted by the board and will take the place of the regular monthly meeting. It will be a potluck so please bring a dish to share. The new board members for 2009-2010 will be introduced, and we will have some surprises as well.

As the time draws near, further information will be on the Listserv, the Web site www.isleofiowa.com and in the May newsletter.

Spring Highway Clean-Up

Doug Rassler

The Adopt-a-Highway Spring Clean-Up will take place on Sunday, May 17. Volunteers are asked to meet at the BP gas station at the Swisher/Shueyville Exit 10 on I-380 at 10 a.m.

There will be a sign-up sheet at the April monthly meeting, or you can e-mail me at drassler@netins.net to volunteer.

Volunteers are asked to wear appropriate clothing, including sturdy shoes or boots, and gloves. Orange vests and garbage bags will be provided by the Iowa Department of Transportation (IDOT).

No Foolin'!

Sandy Young

Fast Facts

- **What:** One Particular Harbor
- **Where:** Cedar River Landing, 301 F Ave. NW, CR
- **When:** April 1, 2009
- **Time:** 5:30 p.m. - 10 p.m.

Would we fool you? On April 1, April Fools' Day, we've decided to go somewhere different for our One Particular Harbor get-together, and the Cedar River Landing seemed to fit the Parrot Head "bill." If you recall, we visited the Landing on January 7, but we found their kitchen wasn't open yet because of renovations due to the flood; now the kitchen is fully functional and they will be ready for us.

One Particular Harbors are strictly social get-togethers where Parrot Heads can visit and relax in a casual atmosphere. Please come whenever you can get there and see what they're all about.

As always, the board welcomes any ideas you may have for a location for the One Particular Harbors. With so many places re-opening and many new places to choose from, we should be able to go somewhere different most every month during our indoor One Particular Harbors in the future.

Please contact any board member with your suggestion! Just remember the establishment has to be a place large enough to hold between 20-30 people and have food available as well as drinks.

Keep in mind our One Particular Harbors will be picnics soon! Ahh, spring and summer in Iowa – truly appreciated by Parrot Heads this year!

Information on the Phlock

Pre-Phlocking Party

Fast Facts

- **Where:** Longbranch Hotel, 90 Twixt Town Rd., NE, CR
- **When:** April 25, 2009
- **Time:** 3-6 p.m. at the pool area near the Gold Zone Bar – FREE

The Isle of Iowa Parrot Head Club invites you to come to the "Isle", where you can have a cold cocktail with an old friend or a new one, where you can wiggle your toes and dance like no one's watching. Did you think we were talking about the Phlocking? Au contraire! We're talking about the Pre-Phlocking.

As a warm-up to the Phlocking, we're having a FREE Pre-Phlocking gathering in the afternoon starting at 3 p.m. in the pool area. It's guaranteed to be fun! You will have the chance to meet members from other clubs, play games, partake of the plentiful Jell-O shots, and enjoy a fantastic potluck provided by the members of the Isle of Iowa Parrot Head Club. And, yes, dance if you feel so inclined!

As the Pre-Phlocking and the Phlocking is an all day party, consider staying the night. A block of rooms has been reserved at the Longbranch Best Western with special rates from \$84 to \$94 for non-poolside rooms and \$94 to \$104 for poolside rooms. Call the Longbranch at 319-377-6386 to reserve a room. Be sure to mention the event to receive the special rates.

The Phlocking that night begins at 7 p.m. and is our primary fundraiser for the year. This year's charity is Camp Courageous, a year-round recreational and respite care facility for disabled youth and adults. Founded in 1972, Camp Courageous operates on donations. Campers come from all over the Midwest and beyond. For further information about Camp Courageous, please check out their Web site at www.campcourageous.org.

Tickets for the Phlocking will be \$10 in advance and \$12 at the door. You may purchase tickets online via PayPal on our Web site at www.isleofiowa.com.

For further information on the Phlocking, please see the flyer in this newsletter.

JIMMY BUFFETT NIGHT @ THE BALLPARK

FRIDAY, AUGUST 14, 2009
Gerald Ptacek
Game starts @ 6:35 p.m.

- ◆ Cedar Island Band plays before the game from approximately 5:00 - 6:00 p.m.
- ◆ Cedar Island Band plays after the game from approximately 9:00 -11:00 p.m.
- ◆ Doug Rassler will be singing the national anthem.
- ◆ The Kernels will be wearing Hawaiian jerseys during the game.
- ◆ These jerseys will be sold by silent auction during the game.

PREGAME PICNIC:

The picnic will be located in the area behind the left field concession stand. The Jimmy Buffett Night at the Ballpark includes a club ticket (\$9.00), and all you can eat and drink from 5:30 - 7:30 p.m. We will then all be seated together as a group. You can come and go from the picnic area to get your food and beverage. (They give you a wrist band.) At games I have been to before, the food consists of hamburgers, hot dogs, brats, popcorn, and peanuts; possibly more. Beverages consist of soda and beer.

PRICE:

Ages 13 & above: \$20.00 each
Ages 4 - 12: \$16.00 each
Ages 3 & under: Free

You do not have to be a club member to participate, so you may invite your family and friends.

If interested contact me by e-mail: gcptacek@hotmail.com or by phone 319-551-9006. Money must be paid ASAP.

Information on the Phlock

One Particular Harbour Party Ron Markus – President

Dubuque Phlockers

On May 2, 2009, the Trade winds will be blowing thru Dubuque Iowa as the Dubuque Phlockers turn the Holiday Inn into a tropical resort for the night. We will be hosting our 3rd annual One Particular Harbour fundraiser for the Make-A-Wish Iowa foundation at the Dubuque Holiday Inn in the heart of downtown Dubuque starting at 6:00 pm.

Event Tickets are available now for \$10.00 in advance or \$12.00 at the door.

<http://www.dbqphlockers.org/activities/2009/oph2009buynow.html>

This year there will be silent auctions, raffle items, food, drinks and much more. We will have two hand-made, Coral Reefer-autographed Parrot Head Quilts this year. One will be featured in our Make-A-Wish quilt Raffle and the second one will be a Live Auction Item!!!

<http://www.dbqphlockers.org/activities/2009/oph2009quilt.html>

The Dubuque Phlockers are excited to have two great acts at this event as well. The opening act is Dubuque's own Steve Cavanaugh followed by Dubuque's Mississippi Band featuring A Pirate Over 50.

It's not every day that you can help change a child's life and make a dream or wish come true. We are very thankful for our sponsors and all who donated last year in making this event an annual "Party with a Purpose." Check out our Event Flyer and send a copy to your friends!

<http://www.dbqphlockers.org/activities/2009/2009OneParticularHarbourEventFlyer.pdf>

The Fun:

- A pre-party starting at 2:00 in the Phlockers Hospitality Suite at the Holiday Inn
- Two musical acts including Dubuque's own Steve Cavanaugh who will be the opening act for the Pirate Over 50/Mississippi Band
- Plenty of silent auction and raffle items to go around
- A Drawing for the Parrot Head Quilt

Looking for a place to stay? The Holiday Inn of Dubuque is the location for all of the fun! Visit the Holiday Inn on-line at http://www.kinseth.com/dubuque_holiday_inn.asp. Or you can call them at (563) 556-2000 and ask for the Dubuque Phlocker/Parrot Head room rate of \$89.00 per night! The room block is good through April 2nd.

We hope to see you there!

Information on the Phlock

Meeting of the Minds 2009 – “Floridays”

Charlotte Skinner-Director of Conventions, PHiP

The concerts are all lined up. Everyone is gearing up planning their Pre-Concert parties and tailgating.

Between all the planning of these parties and your annual club events, it's time to start talking about the 18th annual Meeting Of The Minds (MOTM) 2009 “Floridays”, being held November 5 – November 8, 2009, in Key West, FL.

It's time to get registered, book your room at the Casa, search for those flights and book your rental car from AVIS.

Booking your room at the Casa....the link to book online is up and running again. http://phip.com/MOTM_Hotels.asp The Casa is the place you will want to stay. Just a few steps from where all the NEW and EXCITING things that will be happening during MOTM. Plus you sure don't want to be left out and not have a room at the Casa when I make a BIG ANNOUNCEMENT.

Registration for the 18th Annual MOTM 2009 “Floridays”... Registration closes on September 15th, 2009 http://phip.com/MOTM_Reg.asp. As you are filling out your registration please take time to look over all the committees that need volunteers and sign up to help!

As you are searching those airlines to book your flight, don't forget if you need a car rental to book through AVIS at <http://phip.com/MOTMTraveling.asp> Each time you book a rental during the year using the official Parrot Head discount code a percentage is given to the Paradise Charitable Foundation. <http://www.paradisefoundation.org>

Let the official countdown begin!!

Atlanta Parrot Head Club Celebrates Their 20th Anniversary

Note: Article from Margaritaville Coconut Telegraph, Vol. 25, No.1, Winter 2009

The Atlanta Parrot Head Club will celebrate their 20th Anniversary in April 2009. Founded by Scott Nickerson, the Atlanta PHC set the standard for fun and fundraising activities. While the first official meeting was held in April of 1989, it was an article in the Coconut Telegraph that led to a flood of inquiries seeking information on starting local PHCs. Scott drew up a charter, created the guidelines and was instrumental in forming Parrot Heads in Paradise. There are now several hundred Parrot Head Clubs around the world!

The Atlanta PHC is planning a celebration befitting this milestone in April of this year. Several bands are being courted as well as a special reunion concert by the original A1A Band. And with typical Parrot Head pride, the anniversary party will be collecting food and raising money for the Atlanta Food Bank. The party will be open to the entire Parrot Head Nation.

For more information go to www.atlantaparrotheadclub.org

Information on the Phlock

9th Annual “Blues & Buffett” Chili Challenge

A Follow-Up
Steve Petersen

The 9th annual Blues ‘n’ Buffett Chili Challenge was held on Sunday, February 22, 2009, at the Longbranch Hotel & Convention Center. Nice weather, GREAT chili, outstanding volunteers and an overflow crowd helped make this year’s event one for the record books.

The event had over 340 paid admissions and raised \$5785.00 (net). There were 23 entrants cooking chili and nine judges. The Isle of Iowa Parrot Head Club (IIPHC) took first place in the People’s Choice and the Boys and Girls Club of Cedar Rapids received \$2,950.64. The Linn County Blues Society (LCBS) took second place and the H.D Youth Center received \$2,834.93. In all, over \$31,000.00 has been raised and donated to charity by IIPHC and LCBS in the nine years of the Chili Challenge’s existence.

The IIPHC winners: Most Unusual – Brad Bucktrop’s “Three Tows Chili”
Best Presentation – Mike Sion’s “Volcano’s Lava Lover’s Chili”
Best Chili – Deanna Steggall’s “Trashy White Chili”

The Best Overall Chili: Keith Wright/LouAnn Anderson’s “Bubba Lou’s Tiki Bar Chili”, IIPHC
(See last month’s newsletter for the winning recipe.)

I’m amazed every year at the commitment of both club’s membership (IIPHC/LCBS) in putting this event on and making it more successful each year. The event committee would like to THANK everybody who helped in any way, or who attended the event. Without each of you the results this year wouldn’t have been possible.

Next year’s event, to be held on February 28th, 2010, is already in the planning stages. It will be our 10th annual event so some special touches are in order. If you have ideas/comments on either this year’s event or things we can do in the future, please contact a committee member listed below.

Steve Petersen	395-9520
Kate Sanders	842-2393
Keith Wright	573-5153
Jim Roman	213-0585
Lou Ann Anderson	295-5450

If you would like to view more pictures of this year’s event, they will be posted on the Isle of Iowa Social networking site (Ning).

Again, thank you everyone!

Information on the Phlock

It's Time to Vote!

Sandy Young

Fast Facts

- **What:** April Monthly Meeting
- **Where:** Longbranch Hotel, 90 Twixt Town Rd., NE, CR
- **When:** April 16, 2009
- **Time:** 6 p.m. - 10 p.m.

It's time to get out and vote to make your voice heard. We will be having our general election at the April monthly meeting. We hope we will have a large turnout to vote for the board's position of Membership Director. Both Linda Barger and Karen Mahannah are running for this office and each is a worthy candidate. This is a friendly "competition" between Linda and Karen (no mudslinging!) and it should be an interesting evening. All the other positions on the board are filled.

Perhaps a little background on the two candidates will help you decide:

Linda Barger – Linda has been an active member since 1998 and has served on several committees along the way. She has been on the board as a Member at Large, kept track of Parrot Points for 3 fi years, and assisted her husband, Terry, when he served as Treasurer on the board.

Karen Mahannah – Karen has been an active member since 2005, serving as Membership Director on the board for the 2007-2008 fiscal year. She also served a half year during the 2006-2007 term as Membership Director when Bob Randklev had to resign that post. Karen is currently serving as Member at Large. She has also served on several committees.

Our new raffle charity for the quarter of April-May-June will be the American Cancer Society. Many of us have been touched by cancer and are familiar with this charity. For further information please go to their Web site at www.cancer.org.

As always, we are continuing to take donations for Waypoint Services' two shelters – Madge Phillips Center for the Homeless and the Domestic Violence Shelter. They need plastic shopping bags, small food containers, and especially the non-perishable canned and boxed food. Please go to their Web site at www.waypointservices.org for an updated list of their needs.

Please check Listserv and Ning for drink specials as the time draws near. I'm sure Laurieloo, our social director, and the Longbranch will not disappoint us!

Phlockin' Calendar

Event	Date	Time	Place
One Particular Harbor	4/1	5:30 p.m. - 10 p.m.	Cedar River Landing, 301 F Ave, NW, CR
Happy Easter	4/12		
Newsletter Deadline	4/15		
Monthly Meeting	4/16	6 p.m. - 10 p.m.	Longbranch Hotel 90 Twixt Town Rd. NE, CR
Board Meeting	4/21	6:30 p.m.	Don Steggall's 415 Brougham Rd., Robins, IA
Island Fever Pre-Phlocking	4/25	3 p.m. - 6 p.m.	Longbranch Hotel, Gold Zone Area
Island Fever Phlocking	4/25	7 p.m. - Midnight	Longbranch Hotel Main Ballroom

History of our club

10 Years Ago

Susan Freundt – Founder

April 1999

The Club took part in the third annual Faces of Alzheimer's Phone Gala. Club members Amy Beenblossom, Tina Coppess, Mary Eagan, LuAnn Kepler, Lori Krezek and Susan Freundt raised a total of \$920 in a one-hour shift.

Parrot Head Happenings

Mike and Paula Sion

Mike (aka: Volcano) and Paula (aka: Lava) are celebrating their 8th wedding anniversary on Friday, April 3. It's liable to be a "hot time in the old town" that night! Congratulations Volcano and Lava!

John and Sandy Young

John (aka: Forever) and Sandy will be celebrating their 48th wedding anniversary on April 22. Their advice to Volcano and Lava and to anyone who will be celebrating an anniversary: Make every day and every anniversary special, and never take each other for granted!

This section depends on you to send your news to us. Let's hear from you! I'm sure there's more going on in April with our members. Let's hope May's newsletter is chock full of things going on with you.

Condolences

Condolences

Our condolences go out to the family of Gordy Smith in the loss of his mother, Nellie Smith, 86, of Cresco, on February 28, 2009.

Our condolences also go out to the family of Keith Wright in the loss of his younger brother, Curt Wright, on March 22, 2009.

Please keep Gordy and his family and Keith and his family in your thoughts and prayers.

Dis & Dat

Contact the Club Board Contacts

President – Mark Hennessey 319-365-5840, president@isleofiowa.com
Vice President – Mike Sion 319-378-3641, vicepresident@isleofiowa.com
Secretary – Charlotte Bonar 319-377-3492, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Laurie Sexton 319-651-4473, socialdirector@isleofiowa.com
Membership Director – Don Steggall 319-431-2128,
membershipdirector@isleofiowa.com
Member at Large – Karen Mahannah, 319-389-2795,
memberatlarge1@isleofiowa.com
Member at Large – Jim Roman, 319-213-0585, memberatlarge2@isleofiowa.com
Member at Large – Sandy Young, 319-396-5117, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly board meetings are scheduled for the first **Tuesday** following the monthly membership meeting, and will start at 6:30 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our Club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's board meeting, please see the Phlock calendar. Visit us online at: www.isleofiowa.com

Join the Listserv!

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your e-mail address on the Listserv box found on the homepage. The Listserv is limited to club business and events only and is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes.

Join the Coconet!

IsleofIowaCoconet@YahooGroups.com. This is the Isle of Iowa Parrot Head Club's open communications group for non-official discussions of club members. The only limitations of this group are no profanity, no defamation of character, no indecent photos or comments, and no illegal activity. Other than that, people are free to advertise, discuss non-club events, or whatever those members wish to communicate. Please keep in mind that common sense, kindness, and courtesy shall rule.

To join the Coconet, go to <http://launch.groups.yahoo.com/group/isleofiowacoconet/> and sign up. The existing Isle of Iowa Listserv mentioned above will still be used, but limited to club business and events only please.

If you have questions about the Listserv or Coconet, contact the board President listed under Contact the Club in this newsletter.

April Birthdays

Patrick Albrecht - 3
Charlie Ross - 8
Jamie Gorecki - 9
Connie Gross - 6
Deb Rassler - 18
Steve Sanders - 22
Stuart Seiler - 25

May Birthdays

James Gillette - 3
Keith Wright - 9
Jeff Clark - 12
Terry Barger - 13
Rich Bonar - 14
Sue Gorecki - 16
Kristin Agnew - 22
Deanna
Jackman-Steggall - 27

Be sure and attend the monthly meeting in the month of your birthday to get your free birthday drink!

New Members

Robert & Daniella Goyer