



Message from the Isle

Midwestern Latitudes • Caribbean Attitudes

www.isleofiowa.com

June
2009
Vol. 12
Issue 6

News about the Isle

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Quarterly Charity
April, May & June

Cancer Society

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For more pictures
and information
about the club,
visit the club website at:
www.isleofiowa.com

Views from the Volcano's Top

Mike "Volcano" Sion – President

As I'm writing this the day is very sunny, a few fluffy clouds are in the blue sky, and the only sound is that of the ocean. The flood waters have long since receded and the village is recovering nicely.

As you remember, about a year ago we all banded together to help out our community. We helped our brother and sister Parrot Heads and families throughout our village. We cleaned up, pumped out, gathered food, gave shelter, and did whatever was needed to help. The really remarkable thing is we had fun doing it. No matter what the job, we joked and laughed, and sometimes even cried; yet in the end we had FUN.



No matter what compelled us to join the club, I believe the primary reason was FUN! We have new phriends and have developed great comradships, and continue to be a part of the wonderful, amazing ISLE OF IOWA PARROT HEAD CLUB. I see a bright future ahead that comes from a great past. If you are active in the club today or have been in the past, thank you for all you have done; and remember to come back to the island.

As the sunset's wonderful show begins and the ocean waves lap onto the beach, another day is passing and tomorrow will bring...

From the Editor

Newsletter Committee:

Editor:

Charlotte Bonar

Assistant Editors:

Sandy Young

Photographer:

Dave Metz

Contribute to the *Message From the Isle*

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Charlotte Bonar, at cbonar@russellsprinting.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. *Message From the Isle* is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the *Message From the Isle* are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

For more information on our international organization of Parrot Head clubs, please go to the Parrot Heads in Paradise, Inc. (PHiP) Web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head clubs across the country and internationally.

Life in the 1500's

Author unknown

Lead cups were used to drink ale or whiskey. The combination would sometimes knock a person out for a couple of days. Someone walking along the road would take them for dead and would prepare them for burial by laying them out on the kitchen table and the family would gather around and eat and drink, and wait to see if they would wake up. Hence the custom of holding a 'wake.'

England is old and small and they started running out of places to bury people, so they would dig up coffins and take the bones to a house and reuse the grave. In reopening those coffins, one out of approximately 25 were found to have scratch marks on the inside and they realized they had been burying people alive. They came up with the idea of tying a string on the 'deceased's' wrist and leading it through the coffin and up through the ground and tying the string to a bell. Someone would have to sit out in the graveyard all night to listen for the bell. Hence, on the 'graveyard shift' they would know that someone was 'saved by the bell' or was a 'dead ringer.'

THE END

Now, don't you feel so much smarter about life in the 1500's and glad you live in the 21st Century?

Information on the Phlock

One Particular Harbor – a Picnic!

Sandy Young

Fast Facts

- **Where:** Jones Park, Parkview Pavilion, Fruitland Blvd. & Wilson Ave. SW
- **When:** June 3, 2009
- **Time:** 5:30 p.m. - 10 p.m.

Our first family picnic of the season will be at Jones Park in the Parkview Pavilion starting at 5:30 p.m. for Parrot Heads, Parakeets, and well-behaved pets. Meat will be provided by the club and some of our braver board members will be manning the grill. Please bring a dish to share, your tableware, and beverage of choice. A donation jar will be provided to help defray the cost of the meat.

In case of inclement weather we will gather at City Beat, 304 Third Ave. SW, Cedar Rapids. Please watch the Listserv for updates.

Our next picnic will be at Thomas Park, 335 Marion Blvd., Marion.

New Opportunity!

Sandy Young

With the new board and new year for IIPHC comes new opportunity to get involved in the newsletter. Linda Davenport and Sandra Kramer have done an excellent job on the Newsletter Committee, but are now ready to move on. We certainly appreciate all the help they have given to make the newsletter bigger and better.

If you have new ideas regarding the newsletter or just want to do some proofing and polishing of articles or even writing of a few, please send an e-mail to our editor, Charlotte, at cbonar@russellsprinting.com or me, assistant editor, at sandy@classicphotocr.com, We would be glad to have you join our team!

If you have any questions, give Sandy a call at 319-396-5117.

Relay For Life

Sandy Young

Fast Facts

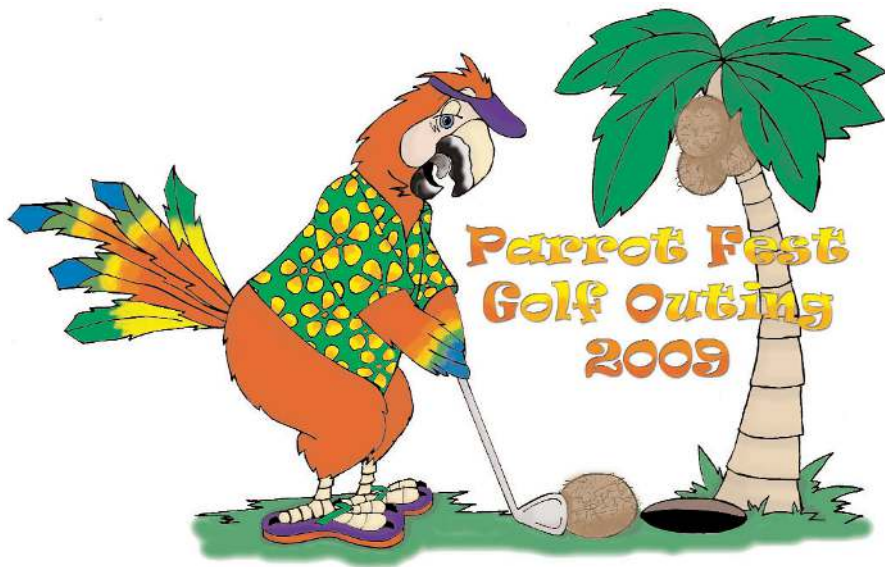
- **What:** American Cancer Society's Relay For Life
- **When:** June 12-13, 2009, 7 p.m. to 9 a.m.
- **Where:** Kirkwood Community College, 6301 Kirkwood Blvd. SW, CR

Celebrate. Remember. Fight back. Please join the Isle of Iowa as we celebrate the lives of those who have battled cancer, and honor the caregivers who shared the journey.

The 2009 Relay For Life of Linn County starts June 12, and we need a team! The Relay begins at 7 p.m. that evening and continues until 9 a.m. on June 13 at the Kirkwood Community College Sports Complex.

If you are interested in celebrating, remembering, and fighting back, please contact the chairperson, Charlotte Bonar, at cbonar@russellsprinting.com or 319-377-3492.

There will also be a sign-up sheet at our One Particular Harbor picnic on June 3 at Jones Park, Parkview Pavilion.



Isle of Iowa Parrot Head Club
presents
Parrot Fest Golf Outing 2009

Saturday, June 20th
St. Andrew's Golf Course
12:00 p.m. Shotgun Start
(11:00 a.m. Registration)



4-Person Best Shot Format

to benefit the Alzheimer's Association and
the Juvenile Diabetes Research Foundation.

Cost: \$65.00 – Includes greens' fees, cart, lunch,
hole events & flight prizes

Local Celebrities (including Ex-Hawkeye Athletes) on selected holes to help improve your game.

Sign up sheets available at isleofiowa.com or contact Steve Petersen 395-9520
(aspetersen@mchsi.com) / Keith Wright 573-5153 (keithwright1@msn.com)

Fundraising opportunities:

Mulligans – Help for the team lacking something in their game

Birdies for Charity – Drive the Middle Contest

(minimum \$20 donation required)

Raffles – including a VIP United Healthcare / John Deere Classic Package
(\$700 retail)

Join us after golf at 8:00 p.m. for more fun featuring the
Cedar Island Band at the Longbranch Hotel & Convention Center.



Parrot Fest 2009 NOT JUST SOMETHING TO SQUAWK ABOUT

Information on the Phlock

Annual Parrot Head Campout Reminder!

Lani and Pat Albrecht

Don't forget to reserve your spot for the Annual Parrot Head Campout! Dates are July 17 and 18 at West Overlook Park at the Dam Complex, Coralville Reservoir. Spots are going fast, so be sure to contact Lani Albrecht or Chrisann Overman to choose your site. Reservations are first come, first serve, and must be paid for at the time of the reservation.

When all the sites are gone, they're gone!

Sites are \$18/night or \$36 for Friday and Saturday. Sites will accommodate two tents or one wheeled vehicle and one tent. If you like, double up with one of your phriends! Sites are all electrical and there is a water supply in the middle area. The boat ramp and extra parking are nearby, as well as clean modern facilities and a playground. Parakeets and Parapets are welcomed and encouraged!

The Isle of Iowa will be providing some of our food, and the annual brunch potluck will be in the center area on Sunday morning. Bring your guitar, bring your peeps to roast, firewood, and campfire songs to West Overlook and let's have a great Parrot Party again this year!

For more information, or to get addresses to mail checks to, please contact Chrisann Overman at bove554503@msn.com or Lani Albrecht at laninpata@mcleodusa.net.

KC Liki Tiki Luau Dan Blanchette – President

Pirates of the Prairie PHC

The Pirates of the Prairie in Kansas City, MO are holding their 4th annual event on July 27th

Place: Volleyball Beach 13105 Holmes Rd.,
Kansas City, MO
<http://www.volleyballbeach.com>

Entertainment: The 12-Volt Band
<http://www.myspace.com/tweltevoltband>

This Hotel Room: Courtyard by Marriott,
500 East 105th St. KCMO (w/shuttle to venue)

Courtyard Kansas City South >>

Have an RV?: Contact President at
dannyblanny@yahoo.com

Admission \$10

Silent Auction benefits the Pediatric Brain Tumor
Foundation. www.pbtfus.org

Further info. can be found at www.finsleft.com

You have to try the Human Foosball court.

Look forward to seeing you there!

Information on the Phlock

Cardboard Boat Regatta Sandy Young

Fast Facts

- **Where:** Ellis Park, Robbins Lake, Edgewood Rd. & Ellis Blvd.
- **When:** Sunday, June 28, 2009
- **Time:** 10 a.m. - 3 p.m.

Note: The below is an excerpt from the May 8, 2009 Gazette and the Internet.

“Can cardboard boats float? Participants prove they can at the annual Great Cardboard Boat Regatta!

It's always great fun to see the results – and this year will be even more so as the U.S. Marine Corps Band and the Cedar Rapids Symphony (Orchestra Iowa) face off in a Challenge of the Musicians and later as several area radio and television stations square off in their annual waterlogged grudge match.

Here's the challenge: Design and build a human-powered boat made of corrugated cardboard and capable of completing up to three trips around a 200 yard course. Boats must be in compliance with Great Cardboard Boat Regatta rules and must pass inspection to be eligible for any rewards.”

Sound like fun? That's what we thought. The Isle of Iowa is once again participating in the Regatta this year. Sandie and Gordy Smith have offered their garage as a staging area and a boat – Sharky Von LandShark – is already started from last year (when the Regatta was cancelled because of the flood), so we have a head start.

All we need is lots of help from you. A sign-up sheet will be available at the One Particular Harbor picnic, or you may contact Laurie Sexton at sextonlau@aol.com or (319) 651-4473 if you would like to participate.

It's guaranteed you will develop great friendships and lots of great memories if you participate!

What a Great Phlocking! Mike “Volcano” Sion – President

Well, we did it again! Another super ISLE OF IOWA'S ISLAND FEVER PHLOCKING!!!! I heard from many guests that they were having a great time. What great decorations, silent auction, Pre Party, 50/50, music; and what a hospitable and friendly phlock we have!

We really put on a wonderful event and raised \$4,500.00 for our charity, Camp Courageous!

I hope you all had a great time. Let's face it; we joined this club to have fun. I was asked many times about our decorations and how do we do it. I tell them it's all done with smoke and mirrors, but WE know it takes great builders, painters, ladder climbers, hangers, and overall a group effort. We take a lot of pride in what we do. To the committee chairs, thank you for leading us. To everyone, thank you for your donations, talents, crafts, time, money and, most of all, your heart!!!!

Thank you all, for all you do.

Last, but not least, thank you CEDAR ISLAND BAND. As we all know, you guys always ROCK THE HOUSE!!!



Information on the Phlock

State of the Phlock – 2009

Bob Heffelfinger – Director of Membership
Parrot Heads in Paradise, Inc.

Welcome to 2009 and our annual “State of the Phlock” report.

In the annals of PHiP history, 2008 will be recorded as an ordinary year around the “Parrot Head Nation” ... if one considers it ordinary to make a substantial difference in our communities, in the environment and in the lives of our fellow man as we most assuredly left this place a little better than we found it. Along the way, we managed to have a lot of fun, we cavorted with old friends, we made new friends and, sadly, we bid farewell to far too many beloved friends.

In what has become the norm, the “Parrot Head Nation” continued to grow and prosper as we added a total of sixteen new chapters to our ranks. What began with the Atlanta Parrot Head Club 20 years ago has grown exponentially as we ended 2008 with an all-time high of 237 chapters in the United States, Canada and Australia... 3 different countries, 47 states, 3 Canadian provinces and one U.S. Territory. Our total membership showed an increase with more than 26,000 dedicated, fun-loving Parrot Heads amongst the ranks. Again, it’s apparent that the “Parrot Head Nation” is not only alive and well, but continues to thrive.

Now, for the big news ... Even in the face of an economic downturn, Parrot Head Clubs collectively raised for and/or donated approximately \$3.1 million to charitable organizations in 2008. Equally significant, Parrot Heads carried on the tradition of volunteerism as 2008 saw chapters worldwide donate an estimated 175,000 man-hours to philanthropic and environmental activities. The upshot... In the period 2002 – 2008, Parrot Head Clubs have collectively contributed more than \$16.4 million and more than 2.3 million man-hours to aid our communities, our environment and our fellow man!

The PHiP commitment to education was bolstered on two fronts as we were recognized by the Jimmy Buffett’s alma mater, the University of Southern Mississippi, for our continued and generous endowment of the Mary Loraine “Peets” Buffett Memorial Scholarship awarded annually by the USM Alumni Association. And, after years on the drawing board, PHiP announced the establishment of the Parrot Head Scholarship to be awarded annually, commencing in the fall of 2009.

In 2008, PHiP retained its National Status with both the American Cancer Society’s Relay For Life campaign and the Alzheimer’s Association’s Memory Walk program and Parrot Heads continue to be the single largest supporter of the Zonta Club of Key West with contributions made during Meeting of the Minds. For many of our chapters, Special Olympics is a favored cause while many Clubs prepare & serve a monthly meal to their local Ronald McDonald Houses.

And, there’s more to the story! These numbers, while spectacular, do not include those efforts which are not measured by dollars or man-hours and Parrot Heads never cease to amaze in their creativity:

Parrot Heads Collect Things... canned goods, pet supplies, clothing, pop tops, old cell phones, used ink cartridges, and, of course, toys; all distributed to the appropriate agencies that get the goods to where they do the most good. OH, and let’s not forget the trash... Virtually every Club works diligently to keep our nation’s beaches, lakes, and highways clean with regular trash collection sessions.

Parrot Heads Compete ... Many chapters sponsor Bowling tournaments, Volleyball tournaments, Golf tournaments and even a Cornhole tournament. Chili cook-offs are also a favorite fundraiser for a number of Clubs.

Parrot Heads March ... Most all Parrot Head Clubs build and enter a float in their local community parades, be it Christmas, Easter, Independence Day, St. Patrick’s Day ... You name it; if there’s a local parade, Parrot Heads will be prancing and no less than two dozen chapters won awards in 2008 for Best of Show, Best Float, etc.

From Poker Runs & Pub Crawls to the dreaded Polar Plunge, the picture is clear ... the good deeds that Parrot Heads perform for the benefit of the community, the environment and our fellow man often cannot be measured in quantitative terms, yet are so vital to the recipients and should be a constant source of satisfaction to each of us.

So, to each and every one of you, a heartfelt THANK YOU for a job well done! You truly are “Angels In Tropical Shirts” and you should be very proud of yourselves and your accomplishments.

Spring is here, summer is nigh and the concert season is upon us ... Time to do what we do best: Have fun and “Party With A Purpose!” Till next time, may all your dreams be tropical!

Information on the Phlock

Hot Time in the Old Town

Sandy Young

Fast Facts

- **What:** June Monthly Meeting
- **Where:** Longbranch Hotel, 90 Twixt Town Rd., NE, CR
- **When:** June 18, 2009
- **Time:** 6 p.m. - 10 p.m.

It seems like it's been awhile since we've all gotten together for a regular monthly meeting. Come on out and see how our new president, Mike 'Volcano' Sion, will do leading the Phlock in the 'business' portion of the meeting. There will no doubt be some hot topics to discuss.

Our raffle charity for the quarter of April-May-June is the American Cancer Society. For further information please go to their Web site at www.cancer.org.

As always, we are continuing to take donations for Waypoint Services' two shelters – Madge Phillips Center for the Homeless and the Domestic Violence Shelter. They need plastic shopping bags, small food containers, and especially the non-perishable canned and boxed food. Please go to their Web site at www.waypointservices.org for an updated list of their needs.

See you at the meeting!

Phlockin' Calendar

Event	Date	Time	Place
One Particular Harbor	6/3	5:30 p.m. - 10 p.m.	Jones Park, Parkview Pavilion, Fruitland Blvd. & Wilson Ave. SW, CR
Relay For Life	6/12-13	7 p.m. - 9 a.m.	Kirkwood Community College, 6301 Kirkwood Blvd. SW, CR
Newsletter Deadline	6/15		
Monthly Meeting	6/18	6 p.m. - 10 p.m.	Longbranch Hotel 90 Twixt Town Rd. NE, CR
Parrot Fest Golf Outing 2009	6/20	11:00 a.m.	St. Andrew's Golf Course
Father's Day	6/21		
Board Meeting	6/23	6:30 p.m.	TBD
Cardboard Boat Regatta	6/28	10 a.m. - 3 p.m.	Ellis Park, Robbins Lake, Edgewood Rd. & Ellis Blvd. NW, CR
One Particular Harbor Picnic	7/2	5:30 p.m. - 10 p.m.	Thomas Park, 355 Marion Blvd., Marion

History of our club

10 Years Ago

Susan Freundt – Founder

June 1999

Club members volunteered to pour beer for the Jaycees Uptown Friday Night appearance of St. Somewhere. There were 500 people in attendance. At that time it was the second largest Uptown ever, according to Jaycee director Tom Roeder. Fleck Sales was so impressed with the volume of beer served that 'Golden Passes' were given to Kevin Krezek, Gordy Smith and Matt Reid for manning the beer filling stations.

After the Uptown event, the party continued at Third Street Live! with a crowd estimated at around 400 people.

Beam Me A Board, Scotty!

Our newly elected IIPHC board members, effective June 1, 2009 through May 21, 2010 will be:

'	President:	Mike Sion
'	Vice President:	Keith Wright
'	Secretary:	Deanna Jackman-Steggall
'	Treasurer:	Steve Robe
'	Membership Director:	Karen Mahannah
'	Members at Large:	Kaye Moeller, Doris Olson, Jim Roman



Trivia

The Captain and the Kid

These lyrics are written in code. Each letter is represented by a number. Decipher the code and you will discover the lyrics. Two letters are provided to get you started.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
20																			4						

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Created by Puzzlemaker at DiscoveryEducation.com

Jolly Mon

C I S U M H H J H D D J Y F H	BOARD	MUSIC
P L E H R W E B O A N M O E R	CARGO	ORION
L U C K Y S T A R L R A A Y C	DARK	PIRATE
O J B E W T R K R O L V L I S	DOLPHIN	SANG
Z G D T O P E M T T E Y G S A	GOODBYE	SEA
G O R R E Z P S A N S A M E I	HEARTS	SKY
D F A A S H P D S W M I S O U	HEAVENS	STAR
T E O T C O U O U X S G Q X N	HELP	STORMY
O E B S R S S L P I R A T E T	ISLAND	SUPPER
S O P I S G U P S K Y Y Q R G	JOLLY MON	SWAM
S J O W X F M H S A N G O R P	JOYS	TOSSED
E N R M V T M I E Y B D O O G	LUCKY STAR	WOES
D J H B R R F N B M Z A R X F	MAGIC	
I Z P R O V T N L B O O Y V N		
D L E K G B R Z E I W T C B H		

Created by Puzzlemaker at DiscoveryEducation.com

Answer: His world had gone from sailing ships to raking mom's back yard; he never could adjust to land although he tried so hard.

Dis & Daf

Contact the Club Board Contacts

President – Mike Sion 319-378-3641, president@isleofiowa.com
Vice President – Keith Wright, vicepresident@isleofiowa.com
Secretary – Deanna Jackman-Steggall, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Laurie Sexton 319-651-4473, socialdirector@isleofiowa.com
Membership Director – Karen Mahannah, 319-389-2795,
membershipdirector@isleofiowa.com
Member at Large – Kaye Moeller, memberatlarge1@isleofiowa.com
Member at Large – Jim Roman, 319-213-0585, memberatlarge2@isleofiowa.com
Member at Large – Doris Olson, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly board meetings are scheduled for the first **Tuesday** following the monthly membership meeting, and will start at 6:30 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our Club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's board meeting, please see the Phlock calendar. Visit us online at: www.isleofiowa.com

Join the Listserv!

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your e-mail address on the Listserv box found on the homepage. The Listserv is limited to club business and events only and is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes.

Join the Coconet!

IsleofIowaCoconet@YahooGroups.com. This is the Isle of Iowa Parrot Head Club's open communications group for non-official discussions of club members. The only limitations of this group are no profanity, no defamation of character, no indecent photos or comments, and no illegal activity. Other than that, people are free to advertise, discuss non-club events, or whatever those members wish to communicate. Please keep in mind that common sense, kindness, and courtesy shall rule.

To join the Coconet, go to <http://launch.groups.yahoo.com/group/isleofiowacoconet/> and sign up. The existing Isle of Iowa Listserv mentioned above will still be used, but limited to club business and events only please.

If you have questions about the Listserv or Coconet, contact the board President listed under Contact the Club in this newsletter.

June Birthdays

Kaye Moeller - 2
Bill Overman - 2
Mike Sion - 4
Jerry Tichy - 19
Amy Beenblossom - 22
Jim Gross - 22
Teresa Becker - 24
Janey Wall - 24
Joe Coffey - 26
Ashley Hinson - 27

July Birthdays

Lori Hennessey - 7
Sandie Smith - 8
Jerry Freundt - 10
Don Ford - 14
Jerry Davenport - 17
Freddie Maneely - 21
Doug Rassler - 24
Lowell Buchholz - 29

**Be sure and attend
the monthly meeting in
the month of your
birthday to get your free
birthday drink!**